

READER'S COMMENTS
ABOUT
"MOMENTS OF MASTERY"

I am a spiritual teacher and what I consider to be an advanced cosmic level healer, so I have to look far and wide to find material that peaks my interest. What a blessing it was to meet Lauren. The material she shares (...) is not only awesome but pure and reliable. Her forte' is to bring advanced spiritual material into the 3D plane so that we may all learn directly from the Masters, through my dear friend Lauren.

This is NOT channeled material but is obtained from one-on-one conversations with the Ascended Masters, The Creator, and from Lauren's own Soul journey as she integrates higher levels of herself. You can be sure that every piece she prints is of highest purity and integrity. Anything Lauren writes is guaranteed to be thought-provoking, inspiring, and enlightening.

Every Lightworker on Earth should be reading this material, every day, and I pray that they will.

Thank you so much for sticking around against all odds, Lauren. You have so much to share with the world and your contribution is priceless. God Bless You.

Tasuata Radaene

Your work supports what I know and have experienced to be REAL, versus what 3-D is telling me. So, my (rabid) support of you is a no-brainer, literally! This is why your work is so important, such a lifeline. You have helped me to believe and trust in myself and to have confidence in my value and contribution to the world.

Your input is so valuable; it would be hard to calculate. I know for a fact that I am healthier, more joyful, more prosperous, more focused and grounded in my Self, because of the things you've shared through "Voices" and otherwise. How can you put a value on that? I just know it would be a lot! And the value keeps generating because these are permanent changes to the quality of my awareness of Self.

C. F., Seattle, Washington

It is wonderful that you're able and willing to share this gift and wisdom with such insight and compassion. All I can say is, thank you for the gifts you're bringing to our planet during this huge evolutionary shift. Without doubt your gifts will inspire change in those who read it.

Aretna, ID

It was compiled so that it could be easily read & used as a daily quote of inspiration, meditation, or simply sacred thoughts that you have so generously shared with anyone seeking to grow on their spiritual journey.

I trust your words because it is apparent from your work and the sincerity that flows through it, how very important it is to you personally to aid the planet & we beings occupying Earth at this particularly relevant time of change.

N.B., Waldport, OR

In reading the material presented, I am pleased that it is not something that I will read and set aside, but something that has depth and information that takes time to percolate through. It gives me joy that it feels so authentic.

K.S.

MOMENTS OF MASTERY

By

Lauren Zimmerman

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*Publisher's Note: All of the articles contained within this volume were previously
published in "Voices For A New World," an e-magazine founded by Lauren Zimmerman.
Some of the articles have been edited in order to better suit publication in this volume.*

Introduction

In this rare and extraordinary book, the author offers insights that have been given to her by those who live beyond the boundaries of Earth, those who dwell in the higher dimensions of existence and who wish to give their wisdom and insight to others who seek spiritual evolution.

An uncommon glimpse into wisdom of the ages, this book and its offerings will continue to serve Humankind for eons ~~ for wisdom and truth do not change.

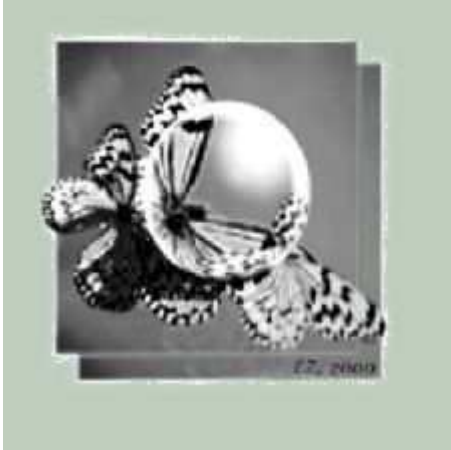
From The Author

Following my life-after-death experience, I incorporated many great and ever-lasting Truths into my way of being in this world. One of them is that we are not alone. We reside in one dimension, while millions of others live around us in other dimensions of existence. Existence is shared with us by uncountable others who, for the most part, remain unseen and unheard by those on Earth.

When I returned to Earth following my LAD experience, I brought with me the all-consuming desire to share what I learned about God and existence. There is wisdom, peace, love, and grace surrounding us. All things we desire are ours for the asking. Unseen messengers are waiting for us to hear, to accept.

Imagine for a moment that, as you sit alone and quiet, in the air beside you stands an angel, a Master, or a guide. A friend who stands beside you forever, unseen, unheard. This is the Truth I speak of. This is the gift that we, as third dimensional dwellers are being offered -- the reality that we are not alone.

Being able to see and hear other-dimensional beings is my greatest blessing. Each person on Earth is offered the same blessing. It is my prayer that, by offering you, the reader, some of the words and wisdoms given to me, you too will allow yourself to be blessed as I have been.



*"When someone doesn't love you
it's not about you."*

~Lauren Zimmerman

*"Within you is a cell of joy, a cell of peace,
a cell of all that you desire.
Within you is all that you can be.
Within you is Me
and I am all that is.
I offer you the totality of all that I am.
It is only your task to accept it."*

~ The Presence of God ~

Self-Resentment

It was a casual, sit-around conversation. I felt an energy shift and looked to my right to see a Master standing there. When I mentioned his presence, the people in the room with me were more than open to include him in the conversation. He took up the space in the chair next to me and began to speak. One of the points he made was so simple it bordered on the sublimely ridiculous. Not for the first time, I asked myself how I had missed a clue that was so simple. And that's the way some of life's most simple issues solve themselves ... simply.

What he mentioned was his puzzlement at the human race and their issues with themselves.

"What do you mean?" I asked.

"Look at it this way," he said. "Who are most people angry at—those who are angry, anyway? You might think it's everyone else, because most of the world's problems are caused by everyone else ... or so it seems. But if you take away everything but the Truth, you'll find there's only one person left for anyone to truly blame. Each individual is to blame for his or her reality."

I had a hint of what he was saying but I asked him to continue.

"The life each person is creating is based upon what the Soul needs to learn. Underneath all of the words and anger and fear and blame is the fact that you, yourself, are creating exactly what you need. Look at it this way. The Soul wants to learn everything there is to learn from a third-dimensional experience. The way to acquire the knowledge is to manifest a spirit and then place that spirit into a physical form, thereby achieving the most intimate, concise learning-ground available.

"The lifetime must present the lessons and experiences that will teach the Soul in the most effective and precise way possible. The spirit knows this. It knows it before it manifests within the human body and it never loses sight of this fact because it's never dis-connected from the Soul. Because the spirit has "hands-on" energy, so to speak, with the elements of human life, it magnetically draws experiences and people to it in order to learn and pass the knowledge back to the Soul."

It made sense to me. As I was listening, I was passing the information/conversation along to the others in the room with me. It made sense to them as well. And I think we all knew where the Master was headed with it all. I started to shake my head in humorous agreement of his as-yet-unspoken point.

He smiled at me. Just to see him smile again, I interrupted the conversation to tell him he had pretty eyes. We laughed together for a second because he knew my thoughts, of course, and then the conversation continued. "I'll go back to the original point I was going to make—self-resentment."

*(article conclusion in the full version of
MOMENTS OF MASTERY:
Volume One)*



*"The journey to God
is actually
a journey in self-discovery.
There is no greater way to find out
who you are and who you are not
than the path of discovering
how much faith you have ~~ or do not have."*

~Lauren Zimmerman

PostScript

I've often wondered, since I went to "the other side of life" and then "returned" to Earth, exactly what God had in mind for me. This book brings me a high level of excitement, a Knowing that this is one of the things I was meant to accomplish. The day I completed this work, The Presence of God appeared to me again ... with another project. It can probably go without saying, but I'll say it anyway ... I was beyond excitement. The potential for human change, just based upon the first insights I had into the new book, was beyond imagining.

This path is not an easy one. To stand strong in declaring that one can talk with The Presence of God as easily as to the next-door neighbor brings a lot of criticism, a lot of disbelief, a lot of sticks and stones. I don't declare that I am different than any other person. I declare that this ability is available to every single person. It is our birthright, our right to speak to our Creator. I don't speak from my opinions; I speak from my experiences. My goal, through the work I offer to others, is to give each person the hope they need, the open door of possibility, so that they can begin their own search for what's rightfully theirs.

*Lauren Zimmerman
Author, Artist, Mystic*

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THIS VOLUME, PLEASE VISIT:**

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